

MINOT COMMISSION ON AGING

Board of Directors

MCA Meeting Room – Parker Center

March 15, 2024

PRESENT: Jay Fisher, Penny Hamilton, Denise Larson, Andrew Maragos, Lacey McNichols, Mary Nester, Steve Podrygula, Tom Probst, Pat Schmitt, Vicki Summerfield, Larry Wahlund, Alan Walter

STAFF: Roger Reich, Val Millen, Deb Leyrer

ABSENT: Bob Schempp

President Vicki Summerfield called the meeting to order at 12:00 pm.

ANNOUNCEMENTS: Happy Birthday to Pat Schmitt!

APPROVAL OF MINUTES: Andy Maragos motioned to approve the minutes for February 2024, seconded by Tom Probst; motion carried.

FINANCE REPORT: Val Millen reporting.

- Val Millen presented the January 2024 financials.
- Copies of the check register were made available to the Board.
- We were recently notified that we will be receiving a \$25,000 Hess grant for the meal program.
- Larry Wahlund motioned to approve the financials, Mary Nester seconded; motion carried.

DIRECTOR'S REPORT: Roger Reich reporting.

- Stepping On begins next week; it is a 7 week course that helps with fall prevention and balance.
- Salute to Seniors is May 14th at the City Auditorium.
- March for Meals will be celebrated March 27th at MCA. The City Mayor, Manager and council members have been invited, along with the county. They will be offered to ride with a volunteer to get a first had look at how our program works.

PRESIDENT'S REPORT: Congratulations to Denise on her retirement. There will be a Parkinson's Fundraiser April 15th, 6 p.m. at the Minot Country Club. Call 701-240-1432 for more information.

NEXT MEETING: April 19, 2024 in the meeting room.

Meeting was adjourned at 12:35 pm.

Respectfully submitted,

Deb Leyrer
Recorder

Lacey McNichols
Secretary